

# High School Policy Change Guide

Do you know what happens at your school if a student becomes pregnant? What are the rules? Are there policies that help her choose life or would the rules make her consider abortion? Follow this guide and you can help your school become more accommodating to pregnant and parenting students!

As we prepare for a Post-Roe America, we need to make sure every student is given support and life-affirming options from their school if they find out they're pregnant. Schools that receive federal funding must abide by Title IX, which makes discrimination against pregnant or parenting students illegal! Let's help schools support pregnant and parenting students with these three steps.



- 1 Get to know your school administrators and what resources the school offers.

## KEY PEOPLE

Principal  
School nurse  
Nurse Office staff  
Counseling staff



## KEY POLICIES

- » Will a student get expelled if pregnant?
- » Where is the nurse's office referring students for testing (pregnancy, STD/STI, etc.)?
- » Are there special programs like after-school studies with childcare?

Is there a clear list of places that offer life-affirming resources, material and emotional support, and confidential help?

- 2 Use the above list to help you decide what needs to be changed. Highlight your top three, then narrow it down with your pro-life peers to one or two goals.
- 3 Contact your Regional Coordinator ([yourstate]@studentsforlife.org) and SFLA's National Supportive Services Director, Camille Cisneros (ccisneros@studentsforlife.org), to plan how you will leave a legacy at your school for pregnant and parenting students.