



Dear Student,

If you have learned or suspect you are pregnant, you may be feeling confused and alone. Perhaps you feel afraid to tell anyone, including your family or the baby's father. You are faced with an incredible juncture; a fork in the road. **You are not alone.** *There is hope!* There are resources and support that can help you embrace a positive, healthy outcome. You probably have a lot of questions. Our team at Standing With You (SWY) wants to empower you to make an informed decision. In fact, we have a small team that is dedicated to working with women just like you. Visit [www.StandingWithYou.org](http://www.StandingWithYou.org) for a list of state and national resources or email [pregnancyresources@standingwithyou.org](mailto:pregnancyresources@standingwithyou.org) to contact SWY for direct support. SWY also partners with a number of supportive organizations that you should know about.

First, there are Pregnancy Help Organizations nearby that provide **free** pregnancy tests & confidential counseling. They also typically provide adoption agency referrals & information, **free** ultrasounds, parenting education, maternity & infant supplies, medical referrals, and other helpful services that will support you and boost your confidence. To find a pregnancy center near you, visit [freewomensclinic.com](http://freewomensclinic.com) or call 1-877-306-8138.

Second, you can have free access to the experts on preventing coerced abortion at The Justice Foundation. As the mother of your child, you have extensive legal rights and The Justice Foundation can educate you on how to properly exercise these rights. Those around you may have a tendency to provide input on what you should do next. Keep in mind that it is illegal for anyone, **including your parents or the baby's father**, to unduly pressure, force, or coerce you into having an abortion. In fact, if someone were to do so, they could be subject to criminal or civil liability. Federal and state laws make it clear that any woman's decision (regardless of her age) to have an abortion must be voluntary and non-coerced. **No one can make this decision for you. You are strong.**

Some examples of statements of coercion or force include but are not limited to the following:

*"If you have this baby, I am kicking you out of my house."*

*"You are my child and you will do what I say."*

*"You won't get a penny of child support out of me."*

Your parents do not have to support your child financially; however, they are legally obligated to continue to support you if you are under the age of 18. You may also be eligible for financial assistance from the State and other groups. We can also provide you with the "Dear Parent" letter that explains your legal rights to your parents. We have a similar "Dear Father" letter that explains your rights to the baby's father (as well as his obligations).

If you are in college on a scholarship or working, it is also illegal for a college or employer to discriminate against you on the basis of pregnancy. Many schools and colleges actually have programs to help pregnant and parenting students stay in school successfully. We can help ensure this happens.



Oftentimes, when parents learn that their daughter is pregnant, their first reaction is anger and disappointment. However, once they have had a chance to cool off and receive and read the “Dear Parent” letter, many parents end up supporting their daughter’s decision to parent her child or place the child with an adoptive family.

If anyone, including your parents, relatives, boyfriend, baby’s father, college, or employer, is trying to pressure or coerce you into having an abortion, please show them this letter and reach out to The Justice Foundation at 210-614-7157. We are here to help.

Sincerely,

**Stephanie Stone**

Standing With You National Coordinator  
[Standing With You](#)



**Allan E. Parker**

President, Attorney  
[The Justice Foundation](#)



***Disclaimer: This is intended as general legal information and education, not specific legal advice. Individual situations and state laws may vary. Contact a local attorney of your choosing for specific legal advice.***