

How to Create: Blessing Bags for Expecting Mothers

To help make a pregnant woman feel loved as you encounter her on the sidewalk in front of an abortion facility, you can offer her a *Blessing Bag*. **Blessing Bags can save lives!** These thoughtful tokens of support include items that help a woman learn about the resources available to her and encourage her to choose life for her child.

Each of the following will be included in a *Blessing Bag*:

- *Standing With You (SWY) "Pregnant?"* Topic and Drop Card
- *SWY Women's Support Brochure*
- *Abortion Pill Reversal* Topic Card and Drop Card
- *Side Effects of Abortion* Topic Card
- One handwritten "*Dear Friend*" letter (see below for description)
- Information about your local Pregnancy Help Organization
- A small gift for mom – some examples include:
 - Chapstick
 - Mini hand lotion
 - Gum
 - Scrunchie
 - Travel-sized tissue pack

How to Write "*Dear Friend*" Letters

In these letters, include positive messages that would help a woman feel comforted and supported. Let her know she is loved, brave, and strong. You should also include your local Pregnancy Help Organization's phone number and the StandingWithYou.org website on the letter. See letter samples below:

Example 1:

Dear Friend,

You are so loved! Maybe you are feeling frightened, alone, or overwhelmed—and that is okay. I am here to help you through that and to Stand With You as you face these challenges. You are capable of incredible things as a woman! There are options for you that will help you feel empowered as the beautiful, strong woman that you are. Call [insert local Pregnancy Help Organization phone number here] to get help talking through your options for free.

Sincerely, _____

Example 2:

Dear Friend,

No matter what you are going through, know that you and your baby are worth so much more. You are strong. You are beautiful. And you are not alone. You are supported by loving neighbors (like me!), and we are amazed at all you have done and can do! We'd be honored to walk alongside you as you achieve your dreams with your child by your side, seeing all that they can achieve through you! Contact StandingWithYou.org and our local group at _____! Our local pregnancy help organization offers amazing, free resources. Contact them at _____.

Sincerely, _____

How to Create: Blessing Bags for Expecting Mothers

To help make a pregnant woman feel loved as you encounter her on the sidewalk in front of an abortion facility, you can offer her a *Blessing Bag*. **Blessing Bags can save lives!** These thoughtful tokens of support include items that help a woman learn about the resources available to her and encourage her to choose life for her child.

Each of the following will be included in a *Blessing Bag*:

- *Standing With You (SWY) "Pregnant?"* Topic and Drop Card
- *SWY Women's Support Brochure*
- *Abortion Pill Reversal* Topic Card and Drop Card
- *Side Effects of Abortion* Topic Card
- One handwritten "*Dear Friend*" letter (see below for description)
- Information about your local Pregnancy Help Organization
- A small gift for mom – some examples include:
 - Chapstick
 - Mini hand lotion
 - Gum
 - Scrunchie
 - Travel-sized tissue pack

How to Write "*Dear Friend*" Letters

In these letters, include positive messages that would help a woman feel comforted and supported. Let her know she is loved, brave, and strong. You should also include your local Pregnancy Help Organization's phone number and the StandingWithYou.org website on the letter. See letter samples below:

Example 1:

Dear Friend,

You are so loved! Maybe you are feeling frightened, alone, or overwhelmed—and that is okay. I am here to help you through that and to Stand With You as you face these challenges. You are capable of incredible things as a woman! There are options for you that will help you feel empowered as the beautiful, strong woman that you are. Call [insert local Pregnancy Help Organization phone number here] to get help talking through your options for free.

Sincerely, _____

Example 2:

Dear Friend,

No matter what you are going through, know that you and your baby are worth so much more. You are strong. You are beautiful. And you are not alone. You are supported by loving neighbors (like me!), and we are amazed at all you have done and can do! We'd be honored to walk alongside you as you achieve your dreams with your child by your side, seeing all that they can achieve through you! Contact StandingWithYou.org and our local group at _____! Our local pregnancy help organization offers amazing, free resources. Contact them at _____.

Sincerely, _____